



Cass Jr High Lunch Menu

March 2022

28

Blueberry Waffles
C.Sausage Patties ▲
Cheese Pizza +
Turkey Cheese Sub

Tater Tots
Grape Tomatoes
Fresh Broccoli Florets

Strawberry Craisins
Orange
100% Apple Juice

1

Chicken Patty
Cheese Pizza +
C.Ham & Cheese Sandwich ▲

Mashed Potatoes
Side Salad
Baby Carrots

Applesauce
Diced Fruit

2

Italian Cheesy Pull Aparts +
Cheese Pizza +
Turkey & Cheese Sub

Baked Beans
Celery Sticks

Watermelon Craisins
Orange
100% Fruit Juice

3

BBQ Pork Riblet Sandwich
Cheese Pizza +
C.Ham & Cheese Sandwich ▲

Side Salad
Seasoned Green Beans
Baby Carrots

Apple
Banana

4

No
School

7

Minni Cinni Roll
C.Sausage Patties ▲
Cheese Pizza +
Turkey Cheese Sub

Tater Tots
Grape Tomatoes
Fresh Broccoli Florets

Strawberry Craisins
Orange
100% Apple Juice

8

Grilled Cheese Melt +
Cheese Pizza +
C.Ham & Cheese Sandwich ▲

Mashed Potatoes
Side Salad
Baby Carrots

Applesauce
Diced Fruit

9

Cheeseburger
Cheese Pizza +
Turkey & Cheese Sub

Baked Beans
Celery Sticks

Watermelon Craisins
Orange
100% Fruit Juice

10

Chicken Patty
Cheese Pizza +
C.Ham & Cheese Sandwich ▲

Seasoned Green Beans
Side Salad
Baby Carrots

Apple
Banana
100% Fruit Juice

11

Bosco Sticks w/
Pizza Dipping Sauce +
Cheese Pizza +
Turkey Cheese Sub

Tater Tots
Sweet Golden Corn
Grape Tomatoes

Diced Fruit
Orange

14

Chicken Nuggets w/ Pretzel Rod
Cheese Pizza +
Turkey Cheese Sub

Tater Tots
Grape Tomatoes
Fresh Broccoli Florets

Strawberry Craisins
Orange
100% Apple Juice

15

Mozzarella Sticks w/ Pizza
Dipping Sauce +
Cheese Pizza +
C.Ham & Cheese Sandwich ▲

Mashed Potatoes
Side Salad
Baby Carrots

Applesauce
Diced Fruit

16

Corndog ▲
Cheese Pizza +
Turkey & Cheese Sub

Baked Beans
Celery Sticks

Watermelon Craisins
Orange
100% Fruit Juice

17

St Patrick's Day

Chicken Patty
Cheese Pizza +
C.Ham & Cheese Sandwich ▲

Seasoned Green Beans
Side Salad
Baby Carrots

Applesauce
Diced Fruit
100% Fruit Juice

18

Grilled Cheese Melt +
Cheese Pizza +
Turkey Cheese Sub

Tater Tots
Sweet Golden Corn
Grape Tomatoes

Diced Fruit
Orange

21

Ntnl Corn Dog Day

Corndog ▲
Cheese Pizza +
Turkey Cheese Sub

Tater Tots
Grape Tomatoes
Fresh Broccoli Florets

Strawberry Craisins
Orange
100% Apple Juice

22

Cheeseburger
Cheese Pizza +
C.Ham & Cheese Sandwich ▲

Mashed Potatoes
Side Salad
Baby Carrots

Applesauce
Diced Fruit

23

Confetti Pancakes
C.Sausage Patties ▲
Cheese Pizza +
Turkey & Cheese Sub

Baked Beans
Celery Sticks

Watermelon Craisins
Orange
100% Fruit Juice

24

Chicken Nuggets w/ Pretzel Rod
Cheese Pizza +
C.Ham & Cheese Sandwich ▲

Seasoned Green Beans
Side Salad
Baby Carrots

Apple
Banana

25

Early
Release

28

Spring
Break

29

Spring
Break

30

Spring
Break

31

Spring
Break

1

Spring
Break

Lunch Price

Lunch is free for the 2021-2022 school year

Available Daily

- Sunbutter & Jelly Sandwich
- Milk Variety

This institution is an equal opportunity provider.

▲ Contains no pork
+ Vegetarian
* Menus subject to change due to product availability

